



Cardinal Athletics Summer Conditioning

INCOMING 8TH GRADERS

REGISTRATION

- \$20 registration fee for incoming 8th graders and a current physical from a healthcare provider are due on the first day of attendance. All incoming 8th graders MUST submit a current physical to participate in summer conditioning.

INCOMING 8TH GRADE SCHEDULE

Boys AND girls meet in main gym to start.

5:00PM- 6:30PM WEDNESDAY, JULY 6TH

5:00PM- 6:30PM MONDAY, JULY 11TH

5:00PM- 6:30PM WEDNESDAY, JULY 13TH

5:00PM- 6:30PM MONDAY, JULY 18TH

5:00PM- 6:30PM WEDNESDAY, JULY 20TH