

E. D. White Catholic High Student Athlete Eligibility

2025 – 2026 School Year

LHSAA ELIGIBILITY GUIDELINES FOR ATHLETES

An incoming 8th grader or 9th grader who is residing in the Thibodaux High School attendance zone will be eligible to participate in athletics at any level (8th, sub-varsity through varsity).

An incoming 8th or 9th grader who **DOES NOT** live in the Thibodaux High School attendance zone and has not attended a feeder school within the Diocese of Houma-Thibodaux will **ONLY** be eligible to participate in athletics at the sub-varsity level assuming he/she attended EDW on the first day of classes for the 2024-2025 school year. **No varsity level competition.**

An incoming 8th grader who **DOES NOT** live in the Thibodaux High School attendance zone, but has continuously attended and completed the entire 7th grade at a diocesan elementary school in the Diocese of Houma-Thibodaux **may become** eligible to participate in athletics at any level (8th, sub-varsity through varsity) with LHSAA approval.

An incoming 9th grader who **DOES NOT** live in the Thibodaux High School attendance zone, but has continuously attended and completed the entire 8th grade at a diocesan elementary school in the Diocese of Houma-Thibodaux **may become** eligible to participate in athletics at any level (sub-varsity through varsity) with LHSAA approval.

Any 8th grader registered by EDW for LHSAA competition will be required to sign an LHSAA checklist before competing.

GUIDELINES FOR ALL ATHLETES

- Athletes must have a medical physical exam completed and given to their coach in order to try out or practice for that sport. This physical is only good for one calendar year.
- The following forms are also required and can be found at www.edwhite.org under ATHLETICS. Print and complete the required documents and bring a physical copy of each to the coach prior to trying out or practicing. Please do not drop off these forms to the school's office or mail them.
 - (1) **LHSAA Medical Physical form signed by a physician**
 - (2) **Copy of your Birth Certificate**
 - (3) **LHSAA Parental Permission Form**
 - (4) **LHSAA Substance Abuse Form**
 - (5) **E. D. White Catholic High School Athletic Code of Conduct**

An 8th or 9th grader is allowed to tryout and participate in the following **JV/VARSITY SPORTS:**

FALL: Cross Country (B/G)
Football
Swimming (B/G)
Volleyball

WINTER: Basketball (B/G)
Soccer (B/G)
Indoor Track (B/G)
Powerlifting (B/G)
Wrestling (B/G)

SPRING: Baseball
Bowling (B/G)
Golf (B/G)
Gymnastics (B/G)
Softball
Tennis (B/G)
Track (B/G)

An 8th or 9th grader is allowed to tryout and participate in the following **JUNIOR HIGH SPORTS:**

FALL: Cross Country (B/G – JR HIGH)
Football (8th & 9th)
Volleyball (8th & 9th)

SPRING: Baseball (8th & 9th)
Track (B/G – JR. HIGH)

WINTER: Basketball (B/G – 8th & 9th)
Soccer (B/G – 8th)

SPORTS OUTSIDE OF LHSAA JURISDICTION

Bass Fishing (B/G)

Rodeo (B/G)

Beach Volleyball (G)