

Louisiana High School Athletic Association (LHSAA) Information for Student Athletes

All athletes must have LHSAA completed paperwork to try out, practice, or participate in events for any sport. This includes all athletes who wish to participate in **any** summer athletic events and tryouts. The paperwork must be given to the Coach on the first day of tryouts.

The required paperwork can be found on the EDW website- edwhite.org, Admissions tab, New Student Information beginning April 17. Student athletic eligibility information can also be found in that same location.

Contact Persons: Coach Kyle Lasseigne, Athletic Director klasseigne@hdiocese.org or Juli Dardar, Athletic Secretary jdardar@hdiocese.org

Summer Strength & Conditioning for Boys & Girls

For incoming 8th graders- July 7, 8, 10, 14, 15, 17, 21, 24 / 5:00 - 6:15 PM @ EDW Main Gym

These workouts will be conducted by Zach Case with Core Physical Therapy

A \$35 fee will be collected on the first day. Cash or check made payable to EDW will be accepted.

Dress attire is t-shirt, shorts, tennis shoes

Contact Person: Coach Juli Dardar, Athletic Secretary jdardar@hdiocese.org

Soccer Tryouts

For **Girls...**



For incoming 8th graders- May 7, 8 / 4:00 - 6:00 PM @ EDW Peltier Stadium

For incoming 8th- 11th graders interested in trying out for JV/V - May 12, 13 / 4:00 - 6:00 PM @ EDW Peltier Stadium

Contact Person: Coach Lindsay Spinner lspinner@hdiocese.org

For **Boys...**

For incoming 8th graders- May 5, 6 / 4:00 - 6:00 PM @ EDW Peltier Stadium

For incoming 9th- 11th graders interested in trying out for JV/V - May 14, 15 / 4:00 - 6:00 PM @ EDW Peltier Stadium

Contact Person: Coach Nick Duet nduet@hdiocese.org

iPad Information

Mrs. Lacey Fangue, iPad Program Coordinator, will conduct parent meetings in May to discuss iPad policies, procedures, screen time, and program expectations. A link to sign up for the meeting will be emailed on April 10 to the parent marked as the primary contact.

Incoming 8th graders will attend an iPad workshop during orientation on August 6. Students entering grades 9-11 will attend the workshop at the New Student Orientation (July 28). More information regarding the New Student Orientation will be made available early July.

A separate flyer is included in this folder with instructions on how to access the "Steps to Initialize iPad" document prior to the parent meetings in May.

Email Lacey Fangue with any questions. lfangue@htdiocese.org

Colorguard Tryouts

Incoming girls are eligible to try out for Colorguard, which performs during the fall marching season.

Clinics: May 3 (8:00 AM-12:00), May 5, 6, 7, 8, 9 (3:45 - 5:00)

Tryouts: May 10 (8:00 AM -12:00)

Contact persons: Olivia Adamietz adamietz2@charter.net and Lana Daigle ldaigle@htdiocese.org

Email Ms. Adamietz by April 25 if you are interested in attending the clinics and trying out.



Junior Varsity Cheer Tryouts

Incoming 8th & 9th grade girls are eligible to try out for junior varsity cheer. This group cheers at 8th and 9th grade football and basketball games.

Clinic to learn cheer: April 29, May 1 / 3:45 -5:15 PM / EDW Main Gym

Tryouts: May 2 / 4:00 PM- until / EDW Main Gym

Contact person: Angie Knight aknight@htdiocese.org Email Mrs. Knight by April 25 if you are interested in trying out.



Junior Varsity Dance Tryouts

Incoming 8th & 9th grade girls are eligible to try out for junior varsity dance team. This group performs at home 8th and 9th grade football and selected basketball games.

Clinic to learn dance routine: May 7, 8 / 4:00 - 6:00 PM / EDW Student Union

Tryouts: May 9 / 4:00 PM- until / EDW Student Union

Contact person: Jane Falgoust jfalgoust@htdiocese.org Email Mrs. Falgoust by April 25 if you are interested in trying out.



Junior High Volleyball Tryouts

8th grade team: May 5 / 4:00 - 6:00 PM / EDW Main Gym

9th grade team, JV, & V: May 6, 7 / 3:00 - 5:00 PM / EDW Main Gym

Contact person: Coach Sarah Johnson sjohnson@htdiocese.org

Email Coach Sarah Johnson by April 25 if you are interested in trying out.



Varsity Basketball Tryouts

Incoming 8th & 9th grade girls/boys are eligible to try out for **varsity** girls/boys basketball. Tryouts for the 8th & 9th grade teams will take place in the fall before the start of those seasons.



Boys Varsity Tryouts: May 21, 22 / 1:00-2:30 PM / EDW LeJeune Gym

Contact person: Coach Jonathan Keife jkeife@htdiocese.org

Email Coach Keife by April 25 if you are interested in trying out for the varsity boys team. You do not need to contact him for junior high tryouts at this time.

Girls Varsity Tryouts: May 19 & 20 / 5:30 - 7:00 PM / EDW Main Gym

Contact person: Coach Nick Cenac ncenac@htdiocese.org

Email Coach Cenac by April 25 if you are interested in trying out for the varsity girls team. You do not need to contact him for junior high tryouts at this time, but incoming 8th & 9th graders are encouraged to tryout.

Baseball Tryouts

For all levels- May 28, 29 / 4:00 - 6:00 PM / EDW Boyd Hebert Park

Contact person: Coach Matt Plitt mplitt@htdiocese.org

Email Coach Matt Plitt by April 25 if you are interested in trying out.

Cross Country Meeting for Student Athletes & Parents

Tuesday, May 13 / 6:00 PM / EDW Student Union

Summer practices and the 2025 XC season will be discussed.

Contact Person: Coach Jordan Reed jreed@htdiocese.org

